South Cub Scout Day Camp 2021

ADULT VOLUNTEER ORIENTATION

1. Your responsibilities as an Adult Volunteer at Day Camp:

- As an Adult Volunteer you are responsible for ALL campers listed on your Roster not just the Campers you know from your Home Pack! Your purpose is to get your den to the designated program areas in a timely manner; perform periodic head counts - report missing campers immediately; Assist Campers with projects/events; and keep Campers under control and focused, so they can have a Safe and Fun experience
- Implement sign-in and sign-out procedures, use a name or initial <u>not a check mark</u>. DO
 NOT leave if all Campers have not been picked-up, bring the camper and the clipboard to
 headquarters we will handle it from there.
- Report any difficulties or concerns to the Camp Director (Dawn Tengwall).
- Lunch time is NOT free time (you are still responsible for the Campers in your Den). Pick-up your Tots at lunch time from the Tot Lot. You must return Tots to the Tot Lot after lunch.
 <u>Tots are not allowed in the program areas.</u>
- Utilize BSA's Youth Protection Guidelines YPT can be taken on-line at www.my.scouting.org
- Label Everything!! It's a good idea to bring a sharpie pen and some masking tape.
- At least one Adult in each Den needs to bring a cooler with ice for the Camper's lunches and water bottles. Wagons are a good idea for hauling around stuff.
- Adults need to check-in at Headquarters first thing EVERYDAY. You will be issued a
 wristband (these will be a different color each day), all adults must wear the wristband while
 at Day Camp.
- Arrive a few minutes early so you can get checked-in (wristband) and get the Campers checked-in. Please during this time and also at closing, we really need your help to keep the Campers out of the trees, not running around and not throwing things!
- Day Camp Uniform: Camp T-shirts are to be worn everyday (you can purchase extra t-shirts for \$10.00 each). Tennis shoes or hiking boots (NO OPEN SHOES!). Hats are a good idea. T-shirts are color coded as follows: Day Camp Staff dark green; Camp Medics red; Adult Volunteers (this is you) royal blue; Youth Volunteers orange; Campers light lime green; Tots Kelly green. T-shirts are not to be modified.
- Anyone in the Day Camp Area (other than for drop-off and pick-up), must have registered online and have a medical form on file. Report any suspicious characters to the nearest Key Staff member (dark green shirt).
- Tot pick-up procedure: Tots will be brought to the Gathering Area at the end of the day, you will pick them up there instead of at Tot Lot. Please pick them up promptly.

2. Archery Program:

- Rules of the Range apply to everyone not just the campers! Everyone must ask permission to enter the range and wait to be acknowledged before entering the Range! The Range Rules are:
 - 0 Mind the Rangemaster's Ropes Ask Permission to Enter the Range
 - 1 Know and obey all Range Commands
 - 2 Keep your Arrows in your Quiver until you are told to Shoot
 - 3 Always wear your Armguard and Finger Tab
 - 4 Only use the Arrows the Instructor gave you. Remember what they look like
 - 5 Always keep your arrows pointed down or towards the Target
 - 6 If you drop an Arrow, leave it on the ground until you are told to get your Arrows
 - 7 Always Walk on the Archery Range

- Campers are kept at the gate until Rangemaster feels they are calm enough to enter the range. With your help in calming the Campers, they will enter the range sooner!
- Youth Volunteers (Orange shirts) on the archery range wearing orange camo bandanas, have been through extensive training to prepare them to assist the rangemasters in running a safe range – do not ignore their directions/instructions.
- 3. **BB Gun Range Rules:** Horseplay of any kind is forbidden on the range. Spectators and those who are waiting their turn to fire are not permitted to do anything that may distract the attention of the shooters from the business of shooting accurately and safely
 - 1. This range may be opened only by a certified BB gun shooting range master.
 - 2. All commands issued by the range master must be obeyed immediately.
 - 3. Stay behind the firing line. Do not straddle the firing line.
 - 4. Do not pick up a gun unless told to be the range master.
 - 5. Absolutely no running on the range.
 - 6. No horseplay or unnecessary talking on the range.
 - 7. If in doubt about these rules, ask your leader or range master for advice and help.
- **4. Den Buckets:** Each Den is provided with a 5-gallon bucket, this is marked with your Den Name/Number, buckets are color coded by your Day Camp Pack color. An Adult needs to pick this up at the beginning of the day and return it at the end of the day. The buckets will be lined up next to the Adult Check-in Table. The bucket will have:
 - A clipboard with the list of all Adults and Campers in the Den with sign-in/sign-out columns and the Weekly Rotation schedule for your Den
 - Neckerchiefs for the Campers
 - A Canvas Backpack for each Camper
 - Leave everything in the bucket at the end of each day!!!

5. General Rules for Day Camp:

- SMILE! Say positive things.
- No smoking, alcohol or other controlled substances
- No obscene, abusive or lewd language, gestures or actions, no sexual remarks or innuendo
- No hitting or any other type of physical punishment
- Never be alone with a youth, always stay within view of other people
- Adults and youth should not use the bathroom facilities at the same time
- If you have a youth who is repeatedly misbehaving, they should be brought to headquarters where we will try to assist you in modifying their behavior.
- If you feel yourself getting stressed, take a time out yourself, just be sure you have enough adults to take care of the Campers and that they know that you are leaving. If you do not have enough adults and need to 'take a break', contact headquarters and we will assist you (any staff member can contact headquarters for you with the walkie-talkies). You can always come up to headquarters and talk things out if you need.
- If you notice signs of stress in another adult, offer to give them a break or bring it to the attention of someone on staff
- Stress can affect adults or youth, some signs of stress are, over-tiredness; inappropriate anger or irritability; crying; or withdrawal. If you notice signs of stress, do not ignore it, bring it to a staff member's attention immediately.
- 6. No one other than Staff is to use walkie-talkie radios while at Day Camp! Whistles are not to be used at Day Camp, except by the Archery Staff.
- 7. Please bring any questions, problems or concerns to the Camp Director immediately.

2021 South Cub Day Camp Health and Safety Overview

SAFETY:

Basic for everyone to enforce: NO CLIMBING - On trees, buildings or each other, NO RUNNING - Walk in camp so you have time to move out of the Way when that log rolls in front of you!!!

HEALTH:

Oso Lake Camp is abundantly supplied with pollen and dust. IF YOU HAVE HAYFEVER OR ALERGIES start taking your medicines a few days before camp and continue taking them through the week. See Scout medication check in protocol (See below)

The camp environment tends to stir up asthma. Those Campers will carry their inhalers with them. Any Camper who has severe allergies to bees, food etc. MUST carry their Epi-pens or Anaphylaxis kit on their person!!

Medications (in their clearly marked prescription bottle) will be held at the First Aid station unless a parent is with the Camper and then the parent may hold onto the medication. Exceptions: **EPI-PENS AND INHALERS WILL STAY WITH THE SCOUT!!!**

Hydration - Make sure each scout brings a water bottle. Please remind the Campers to drink lots of water. By time they feel thirsty, their fluid balance has already been affected. A good rule of thumb is to have everyone take a good swig of water before and after each session and do it consistently. This includes adults too!!! There will be water jugs at each venue, use them they are there for you!

Remind the Campers to use sunscreen. (they will complain, but pay them no mind)

Poison Oak - If you suspect any contact with the plant, come to the first aid tent immediately.

Bees, Fire Ants and Rattlesnakes: This is their home - BE SURE THE CAMPERS LEAVE THEM ALONE!! If a Rattlesnake is spotted, please report it to the nearest Staff member, we will make sure it gets relocated.

GENERAL INFO:

Any medical issue, including a scratch, must be taken to the Medic Tent, this includes Adults.

The Medical Station is located next to Headquarters across from the Gathering Area

In the event of a medical emergency, have the Program Manager (dark green shirt) radio the medic, they will come to you.

Each program area manager will have a walkie-talkie. Have them contact the first aid station if you have any urgent concerns or situations.

Keeping Universal Precautions for bodily fluids contact in mind. Gloves will be available at each venue for the contact of blood, saliva, vomit, feces, or urine. Have the area manager contact first aid for assistance and clean up.

If you send a scout to the first aid station send them with an adult or youth volunteer.

Have fun and be safe!!

2021 South Cub Day Camp Emergency Responsibilities ADULT VOLUNTEERS:

In the event of an emergency situation during Day Camp the Camp Director will announce to the program managers over walkie - talkies, as well as through speaker system that there is a need to return to the gathering area. Program managers will then relay that to adult volunteers who will then return DIRECTLY to the gathering area and await further instructions.

Keep the campers calm. WALK back to your Den Flag in the gathering area. Keep an adult in the front, middle and rear of the group to keep campers together. Upon returning to the gathering area conduct a head count. Have an adult give that information to the recorder at Headquarters, they will immediately return to you. If a camper is lost relay a full description to staff. Come up with stories or a quiet game to keep the campers calm and keep campers together.

REMAIN CALM: If you stay calm this will help others stay calm.

THINK: Before you speak or act.

LISTEN: For further instructions or information.

WORK TOGETHER: The adult volunteers MUST work together to keep the campers calm, together,

safe.

WALK: We do not run in camp, walking will keep everyone together. Keep another adult in the middle and rear to help keep the campers together. Walk single file, if you are on a road, stay to the side, always leave room for vehicles.

Adults with children in Tot Lot or Youth Volunteers DO NOT try to pick them up. Youth Volunteers and siblings will be brought to the gathering area. From there the siblings will be signed out to the parent. Please be sure that the campers you are working with are safe and have supervision before leaving to sign out siblings. Youth Volunteers will be asked to disperse among the dens and assist you with quietly occupying the campers.

If there is an emergency during Day Camp that requires evacuation, information about the evacuation/pick-up site will be posted at the Day Camp website: http://South.ocbsaDay Camp.org

All adults should put the safety of ALL the children first.

Emergency Contact Information

South Cub Day Camp Staff:

Camp Director Dawn Tengwall 949/306-4882 Cell Medic Dave Giddens 949/683-7214 Cell

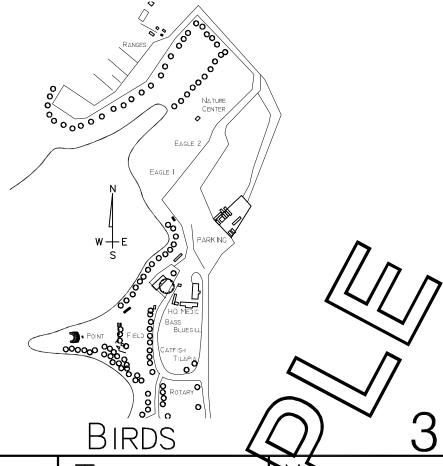
BSA Professional Staff:Julie Andersen 714/906-0934 Cell

EXPLORING YOUR WORLD 2021

South Daycamp 2021 Falcons

Schedule

8:00 Opening 2:30 Transition 2:40 8:10 8 25 Session 1 2:55 9:15 Transition 3:45 9.30 Session 2 4:00 10:20 Transition 4:50 10.35 Session 3 5:05 5:55 11.25 Transition 11:35 Lunch 6:05 11.55 Transition 6:25 12:05 Session 4 6:35 12:55 Transition 7:25 1:10 Closing 7:40 End 1:30 8:00



SESSION	Mon	Tues	
	Map&Compass Field	RIVER BOAT EAGLE	SHOOTING SPORTS RANGES
2	LAND ROVER Tour Nature Center	KNOTS & Bridges Roiarn	RIVER BOAT EAGLE 2
3	SHOOTING SPORTS RANGES	PULLEY TUG O WAR	Muddy Mania Talapia
4	Flags & Skits Talapia	SHOOTING SPORTS RANGES	SPORTS FIELD

